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Patient Instructions

FOBT Stool Sample Collection and Submission

1. Fill in the required information on sampling bottle.
2. Unfold and place collection paper inside toilet bowl on top of water. Make sure sampling bottle is nearby.
3. Deposit stool sample on top of collection paper. Do not urinate on the paper.
4. Open the green cap of sampling bottle by twisting and lifting.
5. Immediately scrape the surface of the stool with the sample probe. Cover grooved portion of probe completely with stool. Sample must be collected before paper sinks and touches the water.
6. Insert probe into bottle and snap green cap on tightly. Do not reopen.
7. Wrap bottle in absorbent pad and place in biohazard bag containing the specimen in the mailing envelope provided.
8. Return the envelope to your laboratory or doctor.
9. Flush collection paper. It is biodegradable and will not harm septic systems.